

**Proposal to Healthcare Providers**  
on how to adhere to  
**Regulatory Requirements, and insure a Safe Workplace**

(Related to “Patient Protection and Affordable Care Act” – PPACA)

including:

- **HIPAA, HITECH, ePHI, and the Final Ombudsman Rule (Medicare / Medicaid)**
- **Workplace Safety, Security and Threat Elimination Via Workplace Violence Prevention (OSHA, DHS, NFPA 1600 and OEM), and mandated**
- **Workflow Optimization / Employee Training Management.**

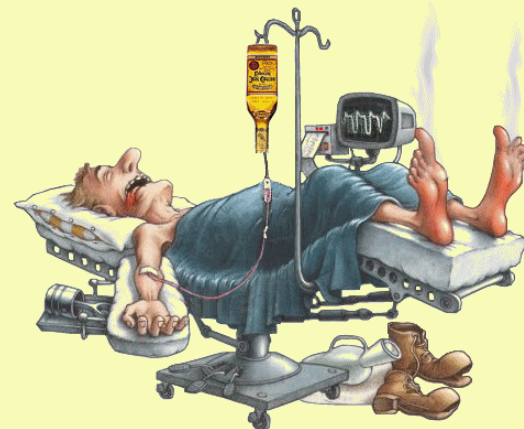
Proposed by:

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**Audience Includes:**

- Hospitals, Clinics, Doctors Offices; and
- Business Associates providing services to Healthcare Organizations.

# Healthcare is Sick and Needs to be Fixed (Medicare / Medicaid)



- **Patient Costs Soar, while Services Suffer:**
  - Redundant Testing and Litigation Fears;
  - Inefficient workflow and supply chain operations;
  - New Patient Freedoms allow for the Sharing of Patient Authorized Medical Records, while restricting unauthorized use and sale of data;
  - Improved Electronic Collaboration for remote assistance;
  - Examining Medical Information to uncover trends , diagnose symptoms, and formulate remediation's.
- **Laws and Regulations must be adhered to, including:**
  - **HIPAA** – Health Insurance Portability and Accountability Act (1996) to improve awareness and efficiency;
  - **HITECH** - Health Information Technology for Economic and Clinical Health (2009) includes more stringent regulations and sanctions;
  - **ePHI** – electronic Personal Health Information (2009) to safeguard all forms of patient information (paper, electronic, video, audio, etc.) against unauthorized use and sale;
  - **Final Omnibus Rule** (1/25/2013) states specific compliance guidelines and defines the final Privacy, Security, and enforcement fines and sanctions:
  - **“Meaningful Use”** clause can reimburse electronic record conversion (\$40-60K);
  - **Patient Protection and Affordable Care Act** (PPACA), sometimes known as Obama Care;
  - Healthcare Organizations and their Business Associates **must comply by 9/23/2013**;
  - **States Attorney Generals** can bring lawsuits on behalf of private individuals for breach of Privacy Rules; and,
  - Compliance will be **aggressively enforced** to reduce cost and improve patient services.
- **Applies to** Healthcare Organizations and their Business Associates.
- **Designed to** improve services and reduce costs through new technologies and procedures.

## Purpose of Presentation and Deliverables that can be achieved

- Define healthcare industry **New and Existing Compliance Regulations**;
- Review **Patient Protection and Affordable Care Act** (referred to as - Obama Care);
- Discuss **New Patient Freedoms** related to **patient information sharing**;
- Show how “**Joint Commission Accrediting Healthcare Organization**” (**JCAHO**) **certification** can be achieved and why it is a benefit;
- Suggest **methods** to perform Risk Management, Auditing, and Incident Reporting;
- Demonstrate how **better utilization of Information Technology**, Data Management, and Access Controls can create a safeguarded and efficient environment;
- Determine **Security and Emergency Response** Planning needed to “**Protect the Workplace**”, “**Safeguard Patients Rights**”, and “**Comply with Regulatory Requirements**”;
- Create a project plan / road map to Implement **Physical and Data Security**;
- Assist in the development and Implementation of **Emergency Response Plans**;
- Implement a **Workflow Management System** to insure Forms Management and Controls;
- Document new **Standards and Procedures** needed to better protect patients, achieve a safeguarded environment, and improve efficiency;
- Provide **Employee Awareness and Training**; and,
- Provide **Integration, Support, and Maintenance** going forward.

## Audience and Compliance Requirements

<b>Healthcare Industry</b>	<ul style="list-style-type: none"> <li>• Hospitals; Clinics; Doctors Offices; and,</li> <li>• Business Associates and Sub-Contractors.</li> </ul>
<b>Patient Security &amp; Safety</b>	<ul style="list-style-type: none"> <li>• HIPAA; HITECH; ePHI; and Final Omnibus Rule.</li> <li>• “Meaningful Use” reimbursement for electronic data (\$40-60K)</li> </ul>
<b>New Patient Freedoms</b>	<ul style="list-style-type: none"> <li>• Ability to have records transferred by request of patient or their authorized representative (Record Sharing).</li> </ul>
<b>Workplace Protection</b>	<ul style="list-style-type: none"> <li>• Responsible for protecting employees, patients, and visitors;</li> <li>• OSHA, DHS, OEM, and NFPA 1600;</li> <li>• Workplace Violence Prevention;</li> <li>• Workplace Physical Security and Evidence Capturing; and,</li> <li>• Ability to evacuate patients in Emergency Mode.</li> </ul>
<b>Penalties and Financial Losses</b>	<ul style="list-style-type: none"> <li>• Criminal and Civil penalties; fines up to \$1.5 million per occurrence taking effect 9/23/2013.</li> </ul>
<b>Training and Awareness</b>	<ul style="list-style-type: none"> <li>• Staff must be aware of requirements and trained on how to respond to a wide-range of disaster events.</li> </ul>
<b>Risk Management</b>	<ul style="list-style-type: none"> <li>• Identification of Risks and potential Disaster Event obstacles.</li> </ul>
<b>Response Identification and Planning</b>	<ul style="list-style-type: none"> <li>• Mitigate Gaps and Exceptions; Mediate obstacles blocking the ability to respond to Disaster events; insure the ability to respond to encountered incidents; have the ability to provide a safeguarded environment capable of providing enhanced protections and efficiency while achieving compliance. Integrate within the everyday functions and environment.</li> </ul>

# Who is effected by these changes?

## Business Associates and Contractors including:

- Physical (Guards, CCTV, Card Keys, etc.) and Data Security Service Providers;
- IT Equipment, Software, Consulting, and Support Vendors;
- Lawyers, Accountants, and Auditors;
- Leasing firms and other financial providers;
- Telephone and Communications Vendors;
- Shredding Vendors, Waste Disposal, and Transportation;
- Primary and Secondary Data Centers;
- Cloud Computing and Virtualization Service Providers;
- Answering Services for Medical Offices;
- Medical Billing Services;
- Medical Transcriptions Services;
- Medical Collection Agencies; and,
- Cleaning, Disposal, and internal Service staff.

**The best protection is to perform a Risk Analysis to determine regulatory gaps and exceptions that must be mitigated, along with impeding obstacles that must be mediated. Then implement controls and procedures to create a safeguarded and compliant environment.**

## History and purpose of HIPAA rules and regulations, from original to current updates.

- **1996** - Initially **HIPAA** was introduced to improve efficiency and effectiveness of the U.S. Healthcare System through guidelines and regulatory requirements.
- **2/2009** – (**HITECH**) Health Information Technology for Economic and Clinical Health Act was introduced as part of the **American Recovery and Reinvestment Act** covering health records from paper based through all types of current and future electronic health records.
- **1/25/2013** – The **Final Omnibus Rule** was published by the **Federal Register** to include **more stringent privacy and security protection for patients (to be en-acted 9/23/13)**.
  - Rule also increased **sanctions and penalties** for failure to comply, including the right of States Attorneys General to bring lawsuits on behalf of private individuals for breach of the Privacy Rule.
  - The Security Rule expands data protection to include electronic media and electronic Personal Health Information (**ePHI**) - **covering paper, video, OCR, Social Media, and electronic media**.
  - Although HITECH has been enforceable since **2/2010** many organizations have failed to take action to fully comply, thereby risking **penalties, financial loss, patient services, and reputational loss** that could damage the ability to continue serving the public's medical needs.
  - Included in **Patient Protection and Affordable Care Act** (Obama Care) to reduce costs and improve service.
- **HIPAA** was developed to improve the education of hospital and medical record keepers on the rules and regulations that must be followed to safeguard patients. The **Final Omnibus Rule** and **Patient Protection and Affordable Care Act** provide a more detailed explanation of these safeguards and how best to protect the rights and privacy of patients.

# HIPAA Contingency Planning and Security Guidelines (newly updated)

## Administrative Safeguards include:

- **Security Management Process** (for People, Physical Environments and Data);
- **Assigned Security Responsibility** (Management through all levels of Personnel);
- **Workforce Security** (Procedures governing personnel Screening through Termination);
- **Information Access Management** (Data Sensitivity, Access Controls, Backup / Recovery, etc.)
- **Security Awareness and Training;**
- **Security Incident Procedures** (from identification through “Root Cause” analysis, resolution; Logging, Tracking, Reporting, and Repository Maintenance);
- **Contingency Plan** (Disaster, Business, Emergency, and Crisis Management Responses);
- **Evaluation** (Risk Analysis and Periodic Reviews, with Attestation by Executive Management); and,
- **Business Associate Contact and Other Arrangements** (from definition to accreditation).

## Physical Safeguards include:

- **Facility Access Controls (Physical Security to produce a safe workplace);**
- **Workstation Use;**
- **Workstation Security; and,**
- **Device and Media Controls.**

## Technical Safeguards include:

- **Access Controls (Data Security and elimination of Data Corruption);**
- **Audit Controls;**
- **Integrity;**
- **Person and Entity Authentications (User Entitlements); and,**
- **Transmission Security (Local and Remote / Encryption).**

# Penalties for non-Compliance

CATEGORIES OF VIOLATIONS AND RESPECTIVE PENALTY AMOUNTS AVAILABLE

Violation Category Section 1176 (a) (1):	Each Violation:	All such Violations of an identical provision in a calendar year:
A. Did Not Know	\$100 to Max of \$5,000	\$1,500,000
B. Reasonable Cause	\$1,000 to Max of \$50,000	\$1,500,000
C. 1. – Willful Neglect – Corrected	\$10,000 to Max of \$50,000	\$1,500,000
C. 2. – Willful Neglect – Not Corrected	\$50,000	\$1,500,000

As you can see, penalties and loss of reputation can grow rapidly through repeated violations



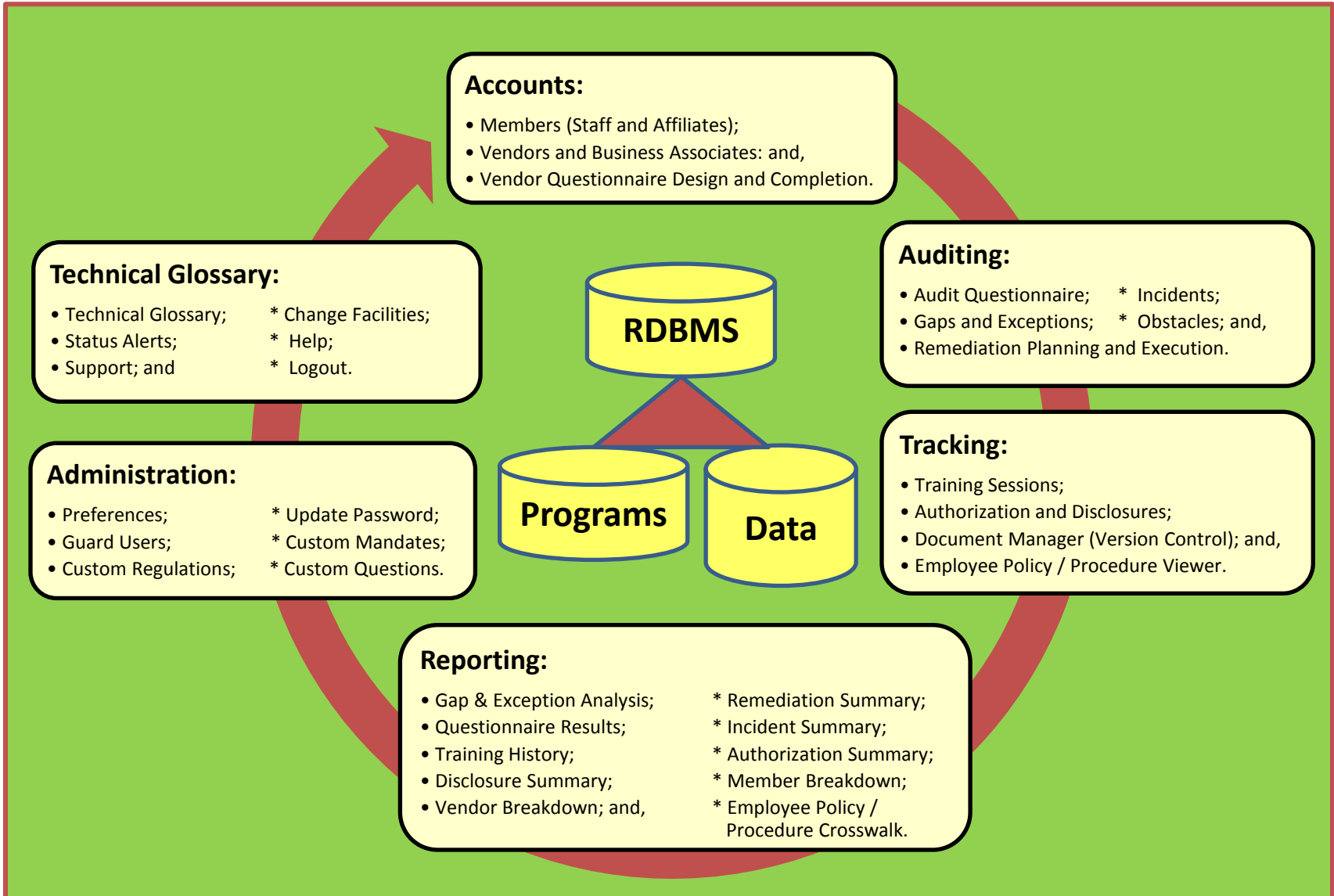
## Steps that lead to Achieving Compliance Goals and Objectives

- Perform a **Risk Assessment**, conduct a **Physical / Data Security evaluation**, and review **Emergency Response Plans** regarding compliance issues;
- Conduct a **Workflow Analysis** to uncover inefficiencies and Supply Chain flaws;
- Define **Gaps, Exceptions, and Obstacles** that must be Mitigated and Mediated;
- Establish **Direction / Project Plan** to resolve issues and gain approval;
- **Implement** Mitigations and Mediations, including: Compliance, Controls, Emergency Response Plans, and Incident Management procedures;
- Provide **Awareness and Training** to employees and business associates;
- **Achieve compliance** to HIPAA, ePHI, HITECH, and Final Omnibus Rule;
- **Achieve JCAHO certification**, leading to improved business and profitability; and,
- **Provide Implementation, Support, and Maintenance going forward.**

## HIPAA Five Step Circle of Compliance



# Healthcare Industry Workflow Management System Goals





## Example of existing Workflow Management System

ITIL stands for:

Information  
Technology  
Information  
Library

ITIL Five Phase approach to IT Service Support

1. Service Strategy,
2. Service Design,
3. Service Transition,
4. Service Operation, and
5. Continual Service Improvement.

### ITIL Available Modules

#### 1. Service Strategy

- Service Portfolio Management (**available Services and Products**)
- Financial Management (**PO, WO, A/R, A/P, G/L, Taxes, and Treasury**)

#### 2. Service Design

- Service Catalogue Management
- Service Level Management (**SLA / SLR**)
- Risk Management (**CERT / COSO**)
- Capacity / Performance Management
- Availability Management (**SLA / SLR**)
- IT Service Continuity Management (**BCM**)
- Information Security Management (**ISMS**)
- Compliance Management (**Regulatory**)
- Architecture Management (**AMS, CFM**)
- Supplier Management (**Supply Chain**)

#### 3. Service Transition

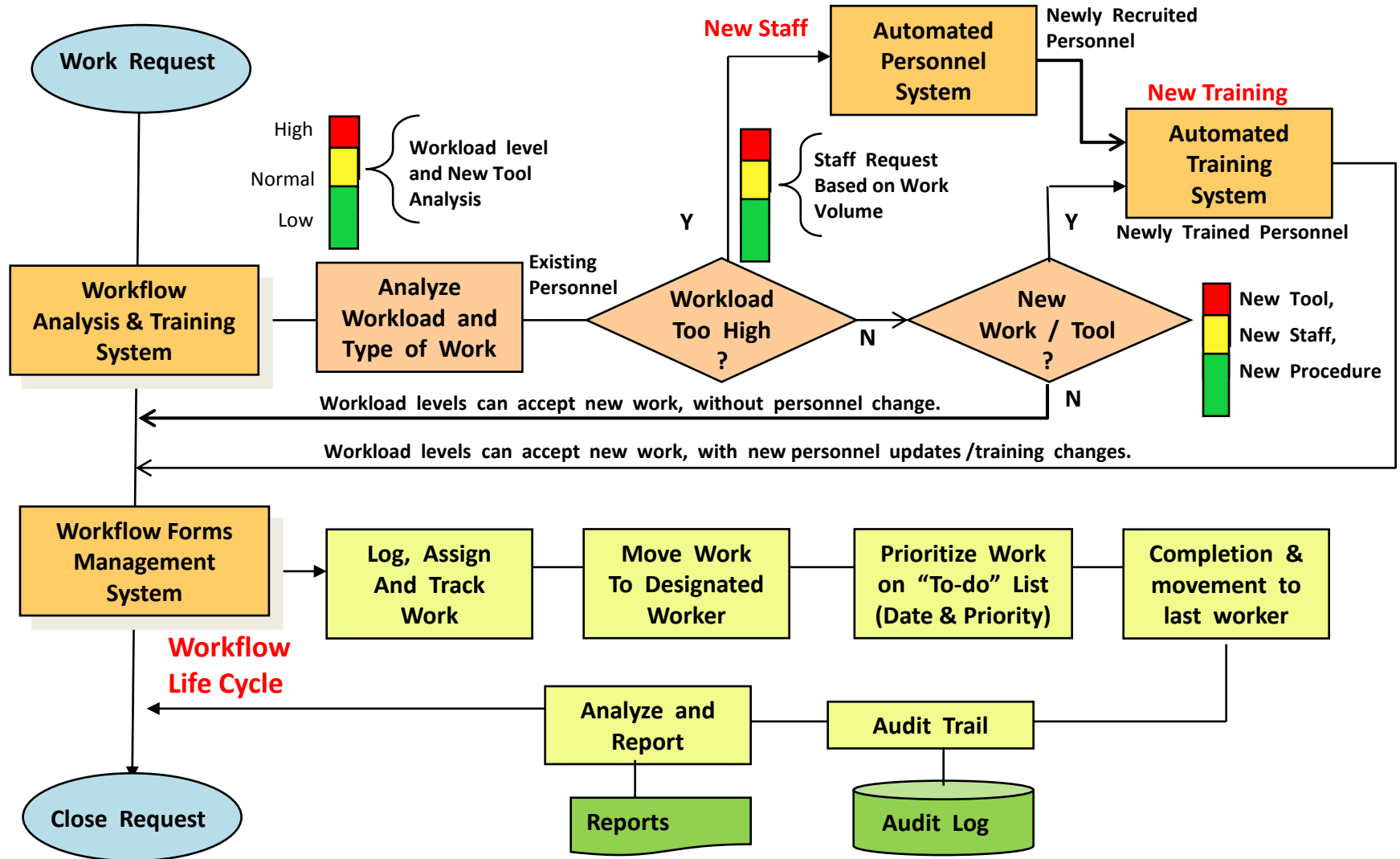
- Change Management (**Problems & Enhancements**)
- Project Management (**Transition Planning and Support**)
- Release and Deployment Management (**V & R Mgmt.**)
- Service Validation and Testing
- Application Development and Customization
- Service Asset and Configuration Management
- Knowledge Management (**Training & Awareness**)

#### 4. Service Operation

- Event Management
- Incident Management
- Request Fulfillment
- Access Management
- Problem Management
- IT Operations Management
- Facilities Management

# Workflow Management / Training System Interfaces & Flow

(Request through fulfillment, with staffing increases and training as deemed necessary)



# Building a Workflow Management / Training System

- Mandated to **insure patient safety** (right medication and on-time delivery), **staff training**, and **certification** in gain compliance to regulatory requirements.
- Create and respond to a **Needs Analysis Questionnaire** to identify Gaps & Exposures, Obstacles, and to define deliverables, time lines, and scope.
- **Review** current forms, workflows, and controls.
- Identify **personnel** associated with forms processing.
- **Redesign** Forms and Workflow associated with forms, as needed.
- Develop Forms **Data Base System**.
- **Implement** Forms Management System functions and flows.
- Create **User Interface** to Forms Management System.
- Produce Management, Technical, and User **Analysis Reports**.
- **Document** Forms Management System.
- Supply **Awareness and Training** to staff, employees and associates.
- **Roll-out** Forms Management System / Training System.
- **Support and Maintain** Forms Management / Training System going forward.

## Joint Commission on Accreditation of Healthcare Organizations (JCAHO) review

- **JCAHO** is a pro-active investigator, while HIPAA is an exception driven investigator;
- **Covers** Hospitals, Nursing Homes, Office-Based Surgery Practices, Home Care Providers and Laboratories, along with their Business Associates;
- **Most prestigious** Healthcare Industry Accreditation Organization;
- **Certification** assures patients and providers that the healthcare organization has achieved the highest standards required by the industry;
- **To achieve certification** both healthcare organizations and their staff members must be able to **demonstrate proficiency** across specific job competencies and compliance issues;
- Both Healthcare Organizations and their Business Associates must adhere to **regulatory requirements and competencies**;
- **JCAHO Certification** will help you achieve: a competitive edge; an educated staff; an improved ability to retain and recruit staff; improved morale; new business; a higher level of safety; and a safeguarded and compliant workplace.

## Initial Physical Security Practices for Admittance to ER and Hospital.

### Unrestricted Patient Movement to gain entrance to Emergency Room and Hospital:

1. Patients enter past Guards Desk (no verification or scan);
2. Patient waits for admittance in waiting area (unsupervised);
3. Patient is Admitted and Vital Signs Taken (ID Shown);
4. Patient goes to Finance where they are Identified and insurance papers validated (first true check of identity);
5. Patient waits to be called to go to Emergency Room where they are examined by staff; and
6. Patient is admitted to hospital, or treated and sent home;
7. Visitors gain access to Hospital to visit patient (no verification or scan);
8. Response to violent / criminal acts is slow and often no evidence is available.

### Problem Analysis:

- **Lack of security at ER area can lead to Threat:**
  - Identification at Entrance;
  - Metal Scanner or Search for weapons;
  - Surveillance and Cameras for evidence;
  - Restrictive movement of patients.
- **Possible Weaknesses:**
  - Unidentified people accompanying patients;
  - Unrestrictive movement can lead to terrorism;
  - Possible threat to people and hospital reputation.
- **Possible Threats include:**
  - Terrorism and Active Shooter;
  - Deranged People acting out;
  - Disgruntled personnel; and
  - Civil Disorder.
- **Possible Repercussions include:**
  - Bombs and Guns;
  - Deaths and Destruction or property;
  - Damage to facilities causing outage of service to community;
  - Sanctions and monetary loss;
  - Loss of reputation; and
  - Loss of business and many law suits, with potential facility closing.



## Benefits, Savings, and New Business possibilities

- **Learn** existing and new Healthcare Industry compliance laws and regulations;
- **Identifying audience** that must comply to Healthcare Industry regulations;
- **Risk Assessment** to define current gaps, exceptions, and obstacles impeding compliance;
- **Formulate direction** plan to achieve compliance and implement a Workflow Management System that improves efficiency and better safeguards patient information and services;
- **Achieve** Physical and Data Security requirements;
- **Better utilize Information Technology** to achieve goals and improve efficiency;
- **Adhere** to compliance requirements;
- **Update** Functional Responsibilities and Job Descriptions, as needed;
- **Fully Document** upgraded environment in Standards and Procedures Manual and Usage Guides;
- Implement **Awareness and Training** programs, as required;
- Achieve **JCAHO certification**; and,
- Utilize compliance upgrade and JCAHO certification to **advertise** the healthcare organization, **attract** new patient and insurance business, and **retain** and attract personnel who have **a high morale**.

## Achieving Compliance Goals, Objectives, and Tasks to be performed

### Goals and Objectives are:

- Use this document to help achieve **compliance** requirements;
- Obtain **HIPAA certification** based on compliance;
- Obtain reimbursement via “**Meaningful Use**” directive for electronic data conversion;
- Implement a **Safeguarded and efficient environment** that complies with all laws and regulations for both the Healthcare Organization and their Business Associates.

### Tasks to be performed are:

- **Presentation** as a teaching tool and awareness vehicle for compliance issues;
- Stakeholder identification and **team formulation**;
- **Team Awareness**, Education, Work Plan, Assignments, and Reporting Schedule;
- **Risk Assessment** to define Gaps, Exceptions, and Obstacles;
- **Repair / Control Plan** to Mitigate Gaps & Exceptions, Mediate Obstacle & Impediments;
- **Project Plan** including deliverable’s, schedule, resources, time line, and costs;
- Perform tasks to **certify** Healthcare Organization, Associates, and Supply Chain;
- **Perform tasks** needed to gain **compliance certification** (JCHOA Compliant);
- **Integrate** Workflow Management, Compliance Procedures, and Response Plans;
- Develop and publish all needed **documentation**;
- Provide Awareness and Educational **Training**;
- **Integrate** process within everyday functions performed by personnel; and,
- Provide ongoing **Support and Maintenance** going forward.

## I look forward to working with you to achieve the goals of this proposal.

### Points that should be remembered include:

- **The CEO is responsible** for producing a safeguarded and efficient environment that is in compliance with HIPAA, OSHA, NFPA 1600, and DHS regulations (at a minimum);
- Specific new healthcare regulatory requirements are identified in this presentation;
- “Meaningful Use” reimbursement for converting Medicare / Medicaid file conversion to electronic data can be as high as \$40 - \$60K per conversion
- The CEO can not delegate his responsibility, only share some responsibilities with insurance companies;
- Damages from lawsuits can run into the multiple millions and over all damages can exceed billions;
- Loss of reputation can result in the closing of the facility;
- Damages to the community can be extensive;
- Criminal and Civil charges can result in jail time and extensive monetary penalties; and
- Only you can take the initiative to implement a safeguarded environment that is in compliance with all regulatory requirements, while improving productivity and personnel morale. **“It is better to set the example than to be the example”**.

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Thank you